

Dizziness Handicap Inventory- please circle the most appropriate answer to the following questions

Because of your problem have you been embarrassed in front of others

Yes sometimes no

Because of your problem, are you afraid people will think you are intoxicated

Yes sometimes no

Because of your problem, are you afraid to leave home without company

Yes sometimes no

Because of your problem, are you afraid to stay home alone

Yes sometimes no

Because of your problem, are you depressed

Yes sometimes no

Because of your problem, do you avoid heights

Yes sometimes no

Because of your problem, do you feel frustrated

Yes sometimes no

Because of your problem, do you feel handicapped

Yes sometimes no

Because of your problem, do you have difficulty getting into or out of bed

Yes sometimes no

Because of your problem, do you have difficulty reading

Yes sometimes no

Because of your problem, do you restrict your travel

Yes sometimes no

Because of your problem, is it difficult for you to concentrate

Yes sometimes no

Because of your problem, is it difficult for you to go on a walk

Yes sometimes no

score: /100

Because of your problem, is it difficult for you to walk around the house

Yes sometimes no

Because of your problem, is it difficult for your to do strenuous work

Yes sometimes no

Do quick movements of your head increase your problem

Yes sometimes no

Does bending over increase your problem

Yes sometimes no

Does looking up increase your problem

Yes sometimes no

Does performing ambitious activities increase problems

Yes sometimes no

Does turning over in bed increase your problem

Yes sometimes no

Does walking down a sidewalk increase your problem

Yes sometimes no

Does walking down the aisle of a supermarket increase your problems

Yes sometimes no

Does your problem interfere with job or household responsibilities

Yes sometimes no

Does your problem significantly restrict your participation in social activities

Yes sometimes no

Has the problem placed stress on relationships

Yes sometimes no

Total score: /100

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